

Soul Shoppe Strategies

The Clean Up

- ① I Know that I
- ② I APOLOGIZE.
- ③ What can I do to MAKE IT RIGHT?
- ④ Next time I WILL
- ⑤ Will you FORGIVE ME?



The "I" Message

I feel . . .

When people . . .

I need . . .

Will you please . . . ?



Stop and Breathe

Stop



Breathe



Think



Choose



Act



Cheer



What are you
doing about your
balloon today?

